

What to Wear

Stick to Neutrals – Keeping a neutral color palette is always a safe choice when deciding on an interview outfit. Neutral colors are not distracting like bright colors, or bold patterns might be to a hiring manager and convey a sense of professionalism.

Plan Your Outfit Ahead of Time – Instead of trying to figure out what to wear the day or morning of your interview, plan ahead of time. Take some time the night before to plan out the outfit you're going to wear and lay it out in a place it won't get damaged or wrinkled. Planning ahead not only saves time and stress on the day of the interview, it will also give you time to wash or iron the clothes if they need it.

Be Comfortable – While looking professional is the most important factor to consider when deciding on an interview outfit, you'll also want to make sure you're comfortable in what you're wearing. Avoid wearing anything too tight or too baggy, not only will this look less professional, you'll most likely spend a lot of time fidgeting with your clothes because you're uncomfortable and this body language won't transfer over well with the hiring manager.

What to Avoid Wearing

Avoid Wearing Heavy Perfume or Cologne – No one wants to be overpowered by strong perfume or cologne, not to mention, a hiring manager might be allergic to it. While there's nothing wrong with smelling nice, it's best to remember the ABC rule, Always Be Conservative when it comes to using perfume or cologne. If you choose to wear perfume or cologne, a light spritz is generally all you will need before going into the interview.

Flashy Accessories – Avoid flashy accessories like chunky jewelry or large watches. Flashy accessories usually don't look professional and might be distracting to the hiring manager. You want the hiring manager to be listening to your skills and experience, not getting distracted by sparkly jewelry or a boldly patterned tie.

Dressing Too Casual – Even if you've researched the company and people look like they dress casually, or you're interviewing for a job that doesn't require you to dress up, it's always best to present yourself professionally during the interview. Show the hiring manager you're professional and reliable by reflecting those traits in your interview outfit.

About EG.

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